

Approach Dementia Support – Carers Advice & Support Group

Description: Friendly and informal support group, chat to other carers, speak to experienced staff and receive personalised advice on the second Thursday of each month, 10.30am to 12.30pm at Biddulph Town Hall. Free refreshments included.

Phone Number: 01782 214999

Email: enquiries@approachstaffordshire.co.uk

Carer's Hub

Description: A commissioned service by Staffordshire County Council and Stoke-on-Trent City Council. Provide free information, advice and guidance to Adult and Young Carers (5-18 years).

Phone Number: 0330 123 1937

Email: info@thecarershub.co.uk

Website URL: <https://www.thecarershub.co.uk>

Carer's UK

Description: Provide information and guidance to unpaid carers. Covering a range of subjects such as:

- Benefits and financial support
- Rights as a carer in the workplace
- Carer's assessments and how to get support
- How to complain effectively and challenge decisions

Telephone helpline available Monday to Friday, 9am-6pm

Phone Number: 0808 808 7777

Email: advice@carersuk.org

Website URL: <https://www.carersuk.org>

North Staffs Carers

Address: Trent House, 234 Victoria Road, Fenton, Stoke-on-Trent ST4 2LW

Description: Provide free services for unpaid carers in North Staffordshire. Information and advice; emotional support; practical help, etc.

Phone Number: 01782 793100

Email: info@carersfirst.com

Website URL: <https://www.carersfirst.com>