# **Alcoholics Anonymous**

**Description:** If you need help with a drinking problem.

**Phone Number:** 0800 9177650 – Free

Email: help@aamail.org

Website URL: https://www.alcoholics-anonymous.org.uk/

# **Approach Dementia Support**

**Address:** The Dementia Centre, DMH, Barlaston Road, Stoke on Trent ST3 3NZ **Description:** Deliver a wide variety of services to support the well-being of people affected by dementia and their carers and families. Provide 1-2-1 and group activities to enable and encourage social interaction, provide emotional support and access to information.

Phone Number: 01782 214999

Email: enquries@approachstaffordshire.co.uk

Website URL: https://approachstaffordshire.co.uk/

# Approach Dementia Support – Carers Advice & Support Group

**Description:** Friendly and informal support group, chat to other carers, speak to experienced staff and receive personalised advice on the second Thursday of each month, 10.30am to 12.30pm at Biddulph Town Hall. Free refreshments included.

Phone Number: 01782 214999

**Email:** enquries@approachstaffordshire.co.uk

#### **Beat the Cold**

**Address:** The Bridge Centre, Birches Head Road, Stoke-on-Trent ST2 8DD **Description:** Independent charity working to reduce the incidence of cold related illness and fuel poverty. May find a cheaper provider for gas and/or electricity. May find a grant or discount for home insulation and heating improvements.

**Phone Number:** 01782 914915 **Freephone:** 0800 389 2258

**Email:** enquiries@beatcold.org.uk

Website URL: https://www.beatcold.org.uk

#### **Citizens Advice**

Address: 10 Tunstall Road, Biddulph ST8 6HH

**Description:** Provide advice and information on a range of issues, such as housing rights, welfare rights and benefits, money and debt, consumer issues and employment rights.

Monday, Wednesday and Thursday 10.30am-1pm.

## **Phone Numbers:**

Local Advice Line 0808 278 7876

National Advice Line 0800 144 8848

Staffordshire Advice Line 0300 3309 062

Help to Claim Service 0800 1448 444 – for help with making a new claim for Universal Credit.

Consumer Advice 0808 223 1133 – for help with goods and services.

Debt Advice 01782 408625 or email moneyadvice@snscab.org.uk

Potteries Moneywise 01782 408685 – for problems with energy suppliers,

switching suppliers and budgeting or email

enquiries@potteriesmoneywise.org.uk

Housing Advice 01782 408690 - if your home is at risk

Immigration Advice 01782 407968

Refugee and Asylum Advice 01782 407969

Challenge North Staffs 0330 1111 999 – to report a hate crime or email cns@snscab.org.uk

Staffordshire Victim Gateway 0330 0881 339 – for support for victims of crime or email help@staffsvictimsgateway.org.uk. Website URL:

https://www.staffsvictimgateway.org.uk

Email: advice@snscab.org.uk

Website URL: https://www.citizensadvice.org.uk

### **Disability Service Centre**

**Description:** A Government service providing advice or information about claiming disability benefits.

**Phone Number:** 0800 121 4433 – for Personal Independence Payment (PIP) **Phone Number:** 0800 121 4600 – for Disability Living Allowance (DLA) if born

after 8 April 1948

Phone Number: 0800 731 0122 – for Disability Living Allowance (DLA) if born

on or before 8 April 1948

**Phone Number**: 0800 731 0122 – for Attendance Allowance (AA) **Website URL:** https://www.gov.uk/disability-benefits-helpline

#### **LGBT Stoke**

**Description:** A local support group for the lesbian, gay, bisexual and transgender community in Stoke-on-Trent. They hold social and support groups and provide information and advice on sexual health and LGBT+ topics.

**Phone Number:** 0300 123 0970 option 3

Email: lgbt@mpft.nhs.uk

Website URL: https://www.lgbtstoke.co.uk

## **Lifeworks Staffordshire**

Address: 12 Merrial Street, Newcastle-under-Lyme ST5 2AD

**Description:** A charity that supports people on the autistic spectrum with

average or above IQ from the age of 14.

Phone Number: 0745 000 2289 / 0740 181 1582 / 01782 615222

Email: info@lifeworksstaffordshire.org.uk

Website URL: https://www.lifeworksstaffordshire.org.uk

#### **Marie Curie**

**Description:** Help people living with terminal illness, and their families, make

the most of the time they have left.

**Phone Number:** 0808 090 2309 – for emotional support and practical

information.

**Phone Number:** 0800 716 146 – for queries about donating, fundraising, etc.

Website URL: https://www.mariecurie.org.uk

# **Staffordshire Sight Loss Association**

**Description:** Registered charity providing support, advice, information, social and leisure opportunities for people with sight loss in North Staffordshire. Drop-in community hub at Biddulph Town Hall on the third Friday of each month – for advice and information or to try a range of living and mobility equipment.

Phone Number: 0793 1327018

Email: hello@ssla.org.uk

Website URL: https://ssla.org.uk

# Stoke on Trent Foodbank – Biddulph & Knypersley

Address: St John's Church, Tunstall Road, Knypersley ST8 7AA and English

Martyrs' Catholic Church, Church Road, Biddulph ST8 6JG.

**Description:** 11am-1pm Mondays at St John's Church. Thursdays 6pm-8pm at English Martyrs' Catholic Church. A foodbank voucher code is required to receive food and this helps our wider campaign to 'end food poverty' nationally. Referral to Money/Debt Advice available on request. Gifts of in-date, non-perishable food items can be donated at the collection points inside St Lawrence's Church, Congleton Road, Biddulph or at Sainsburys.

Phone Number: Central Foodbank 01782 317942

**Email:** info@stokeontrent.foodbank.org.uk

Website URL: https://stokeontrent.foodbank.org.uk/

## **Support Staffordshire**

Address: Leek Health Centre, Fountain Street, Leek ST13 6JB

**Description:** Provide a) support and guidance to community groups, charities and other voluntary and social enterprise organisations active in Staffordshire, on matters such as start-up, governance, funding, and recruiting volunteers; b) a range of training courses aimed at those involved in running groups and community services, many of which are free or discounted for organisations which are members of Support Staffordshire; c) a volunteer brokerage service, linking those who wish to volunteer to local opportunities; d) networking opportunities e.g. through our quarterly VCSE Forums in each district, connecting those with common interests and concerns and enabling collaborations; and e) a directory of organisations and services provided by the voluntary sector in Staffordshire. (See website for details).

**Phone Number:** 07531 711388 (or leave a message via 01538 381356)

**Email:** esther.jones@supportstaffordshire.org.uk

Website URL: https://www.supportstaffordshire.org.uk