

Age UK

Description: Free confidential advice line for older people, their families, friends carers and professionals, available 8am-7pm, 365 days a year.

Examples:

- What benefits to claim and how to claim them
- Anxious about planned hospital stay and how to cope when leave
- Advice on choosing the right care home

Number of guides and fact sheets online, for example: avoiding scams, wills and estate planning, when someone dies, care homes.

A variety of volunteering opportunities are available at Age UK Staffordshire; learn new skills, meet new people and make a positive difference.

Phone Numbers:

National Advice Line 0800 678 1602. Age UK Staffordshire 01785 788477

Email: info@ageukstaffordshire.org.uk

Website URL: <https://www.age.uk.org.uk/staffordshire/>

Biddulph Ladies Afternoon Club

Description: Voluntary club for ladies with meetings, guest speakers, outings and lunches. Meet every second Thursday of the month at 1.45pm Biddulph Town Hall.

Contact: Christine Faughnan or Kathleen Ashley

Phone Number: 01782 297845 (Christine) or 01782 513639 (Kathleen)

Email: ashleykatha@btinternet.com

Biddulph Local People's Group

Description: Lots of activities including arts and crafts, genealogy, IT for beginners, pub games (darts, cards and dominoes), board games (scrabble and chess) plus café drop in and book exchange. Produce a scrap/memory book or box of your life that can be shared with family, friends and carer's. Biddulph Town Hall every Tuesday 10am to 12pm. Biddulph Youth & Community Zone every Thursday 10am to 12pm.

Phone Number: 07898 322998

Email: Biddlpp2020@gmail.com

Biddulph Moor Evergreen Club

Description: For the over 55's. Meet first & third Thursdays 2pm-4pm at Biddulph Moor Village Hall.

Contact: Mrs Beryl Walton

Phone Number: 01782 514915

Contact: Eileen and Bert Phillips

Phone Number: 01782 511073

Biddulph U3A

Address: Lund House, Lawton Street, Biddulph ST8 6EX

Description: Biddulph u3a offers people who are no longer working full time or raising a family the chance to learn new skills, develop interests, make new friends and have fun. There's plenty of choice, from fitness and well being, through languages, book clubs, music, singing and dancing, arts and crafts, to photography and genealogy. All sessions are run by members and take place either at Lund House, the Leisure Centre or the Library.

To become a member or find out more get in touch!

Email: membership@biddulphu3a.co.uk (membership enquiries)

Website URL: <https://u3asites.org.uk/biddulph>

Daybreak Day Opportunities

Address: The Victoria Centre, Station Road, Biddulph ST8 6BJ

Description: A service for people aged over 50 and over in the Biddulph area to promote their physical and mental well-being, reduce isolation and give carer relief. A range of activities are offered such as baking, exercise groups, arts & crafts, table games and quizzes. Support people to access local amenities. Breakfast and a two course lunch is served, together with refreshments. Meet in the Victoria Centre 9am-4pm, Tuesdays, Wednesdays and Fridays.

Contact: Fiona Fowler

Phone Number: 07981 856972

Contact: Sandra Shenton

Phone Number: 0797 0913780

Email: daybreak.dayopps@yahoo.co.uk

Moorlands Voluntary & Community Transport

Address: Biddulph Town Hall, High Street, Biddulph ST8 6AR

Description: Provides friendly, helpful volunteer drivers, who use their own cars to offer transport to those in need who pay their council tax to Staffordshire Moorlands, have no other transport available and are unable to use public transport. Try to give a minimum 1 week notice. Need to make a payment towards the cost of the driver's expenses, based on mileage.

Phone Number: 01782 511659 (Biddulph office)

Email: contact@mvct.co.uk

Website URL: <https://www.mvct.co.uk>

The Silver Line

Description: A free confidential national helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

Phone Number: 0800 470 8090

Email: info@thesilverline.org.uk

Website URL: <https://www.thesilverline.org.uk/>